2027 EXTENSION PROGRAMS



CLASSICAL EXTENSION CLASS

ABOUT

The CEC is the first step in our three-part pathway to Classical Extension training at IDS.

The program runs one Monday per month, with students attending a dedicated 2-hour session, allowing them to access additional classical training while continuing their regular school and IDS commitments.

Across 10 sessions throughout the year, students receive 20 additional hours of specialised training, providing valuable extension and development alongside their regular IDS classes.

DAYS

Mondays
Program Duration: Terms 1-4
Class Duration: 2hr

This program will be run by our incredible half day program teacher Miss Kayla Murphy.

CLASSICAL EXTENSION PROGRAM

ABOUT

Entering our 10th year of developing dancers for their future.
At IDS, our Classical Extension Program continues to grow and evolve with our students' needs, while keeping their education at the heart of everything we do.

4 LEVELS. 1 CLEAR PATHWAY

LEVELS 1 & 2
Monday • Thursday • Saturday
Half Day training pathway with minimal impact on school attendance.

LEVELS 3 & 4
Tuesday • Thursday • Saturday
Advanced training scheduled completely outside school hours — providing the perfect balance of high-level classical training + school education.

STUDENTS RECEIVE
- 10+ hours of advanced classical training each week
- Expert tuition from experienced teachers and former Australian Ballet dancers
- Progressive technical and artistic development
- Performance and competition opportunities
- A dedicated pathway towards future training and careers in dance
- High-level training close to home, without compromising school

TRAIN SERIOUSLY - STAY CONNECTED TO SCHOOL - BUILD YOUR FUTURE IN DANCE
10 years of Classical Extension training

DAYS

Classical Extension Program (CEP) Levels 1 & 2
- Mondays, 2:00–5:00pm
- Thursdays 4:30–9:10pm
- Saturdays 8:00–11:20am

Classical Extension Program (CEP) Levels 3 & 4
- Tuesdays, 4:30–7:30pm
- Thursdays 4:30–9:10pm
- Saturdays 8:00–11:20am

Classes include weekly:
RAD exam, strength/conditioning, pointe, repertoire (L3,4) open classical, jazz, contemporary, lyrical, 1-2 competition. Private coaching 1-2 per week. **Additional costs apply*

Program Teachers
Artistic Director - Nicole Jacobsson-Kneebone
Justine Miles - Former soloist and current teacher, The Australian Ballet
Kayla Murphy - Premier classical coach, Pilates certified and qualified Physiotherapist

CLASSICAL TRANSITION PROGRAM

ABOUT

Following 9 successful years of building our Classical Extension Program, we are excited to offer the CTP as the perfect transition from our Extension Class into our Half Day Program.

The CTP runs weekly and is designed specifically for students in Years 5 and 6 at school, providing additional classical training while ensuring our younger students are not overextended during such an important stage of their development.

The program provides a supportive pathway for students to strengthen their classical technique, develop positive training habits and prepare for a successful transition into our Classical Extension Program in Year 7.

DAYS

Mondays
Time: 3:00-5:00
Program Duration: Terms 1-4
Class Duration: 2hrs

This program will be run by our incredible half day program teacher Miss Kayla Murphy.